

Neishamia Kayizzi

### Artist Statement

My work is a literal investigation and dissection of my life as I continuously reflect on aspects of my ever changing mental and physical state; Often related to traumatic and otherwise uncomfortable topics of discussion. I work specifically and strictly from my own experiences because in truth, it recontextualizes and reimagines my trauma into something worth remembering. Furthermore, it is the greatest wealth of information I have. One that no one, besides myself, can ever invalidate its existence.

I work through a variety of media as I feel a cross-disciplinary practice is imperative when examining an individual's life story; As mine is certainly not linear. Having the awareness and capability to interchange mediums, allows the audience to understand more accurately what I feel when recounting my own events. In a three-dimensional piece titled *24/7*, I constructed a portable electric chair to describe the feelings of unease I have when confronted by my constant over analyzation. This had to be done in the medium of sculpture because it enabled the viewer to not only see the overwhelming size of it but, sit in it and share the anxiety of knowing what that object represents for the living.