

My work is an interdisciplinary study of memory and internal states, articulated through sculpture, mixed media, and installation. I treat my practice as a way of processing the world. It is a quiet, meditative response to the weight of personal observation and lived experience. I use layers to bridge the gap between the physical object and the memory it carries. Central to my work is a personal archive. I use the histories embedded in these objects to inform the final form, allowing the past to dictate the present. By manipulating these delicate fragments, I give a tactile presence to the intangible. The meaning of a piece is never a given; it is found within the work as the materials shift and settle. My practice is an effort to create a space for stillness, where the object's fragile nature allows for a silent, shared recognition of what it means to be vulnerable.